



"In order to change the behaviour, we need to understand it first."

Positive Behaviour Support Skills Training

Introduction to Understanding and Managing Behaviours of Concern

This specialised training was developed in 2023 and has since been delivered to over 150 participants. The feedback and satisfaction with the workshop has been extremely positive. Also, it is now accredited as a continuous professional development (CPD) activity.



Who is it for?

This evidence-based training is suitable for anyone who wants to gain a better understanding of behavioural principles and support strategies or refresh their existing knowledge.

Training duration:

- One session per week for four weeks (4 sessions in total)
- 90 minutes per session
- Certificate of attendance

Training aim:

The aim of this workshop is to provide an essential introduction to understanding behaviours of concern and the strategies used for effective management. The focus is on empowering attendees and expanding their skills to provide support across environments.

Specifically, what intervention strategies could be implemented and principles for developing a plan to manage behaviours of concern.

Training delivery:

The training is delivered to a group of approximately 20 participants as a PowerPoint presentation involving group discussions and case studies. Q&A with the speaker will also take place.

Resource pack:

All participants will receive a resource pack that includes workshop slides, hand-outs of relevant strategies, and references to additional materials.

Outline of the areas and topics covered during the training:

Understanding behaviours of concern

- The significance of identifying the functions of behaviour
- Antecedent and setting events
- Contributing internal and external factors
- Behaviours of concern as a method of communication – Why do behaviours of concern occur?

Strategies for managing challenging behaviours

- What is reinforcement? Reinforcement strategies
- Environmental accommodation: Visual supports and choice
- Functional communication training
- Teaching new skills to replace the challenging behaviour with more desirable and acceptable behaviour

Specialised topics and areas

- Managing transitions
- Increasing cooperation and compliance
- The importance of adopting an individualised, flexible and creative approach

Training Evaluation

- Pre- and post-training questionnaires
- Social importance and acceptability
- Overall training evaluation

Background:

Behaviour Detectives has provided services based on Applied Behaviour Analysis and Positive Behaviour Support principles since 2017. A neuro-affirmative ethos is at the core of our work while supporting children, young adults, and adults with a range of developmental disabilities, including Autism, across home, school, respite and residential settings.

We have been involved in adult education since 2014. Our team, including a PhD level Autistic Behaviour Analyst, have reviewed, designed modules, and delivered lectures and workshops for colleges such as South East University, University of Galway, Open Training College and University College Cork Certificate/Diploma in Autism Studies course.